



# National Transportation Safety Board



## *Pilot's Review of Proficiency*

Dallas, TX

April 1, 2016

## General Aviation and the NTSB Most Wanted List

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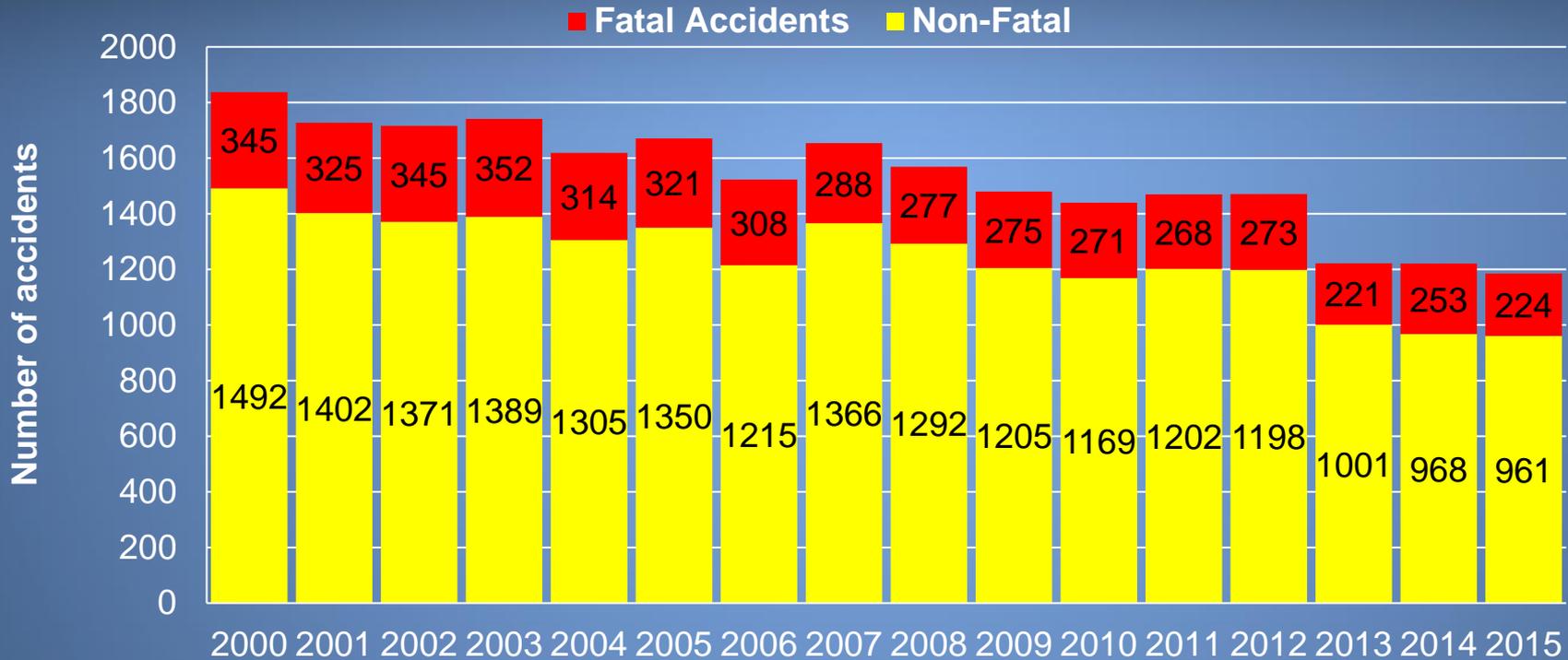
# NTSB Mission

The NTSB is an independent US federal agency charged with determining the probable cause(s) of transportation accidents, making recommendations to prevent their recurrence, conducting special studies and investigations, and coordinating resources to assist victims and their families after an accident.

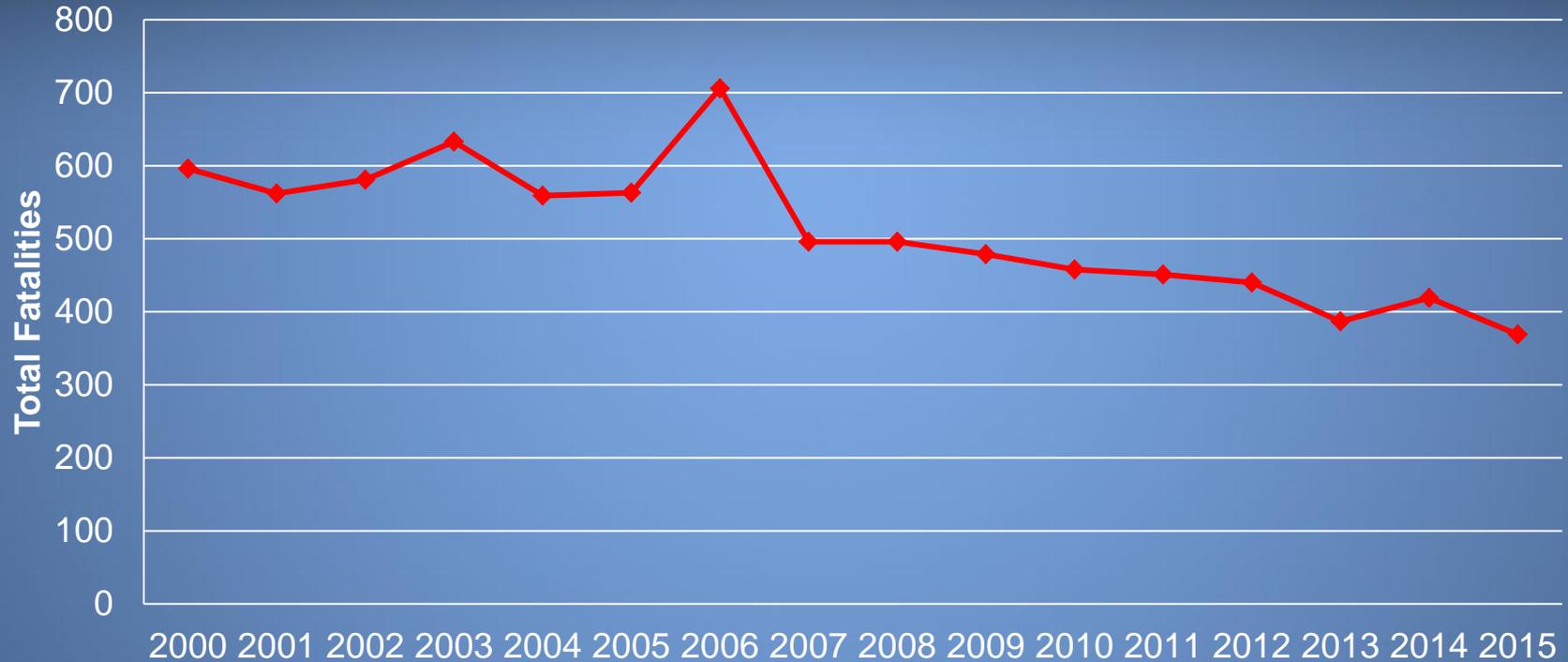
# Topics

- General Aviation Accident Trends
- Most Wanted List – 2016
  - Distraction
  - Substance Impairment
  - Medical Fitness for Duty
  - Fatigue
  - Occupant Protection
  - Recorders
  - Loss of Control

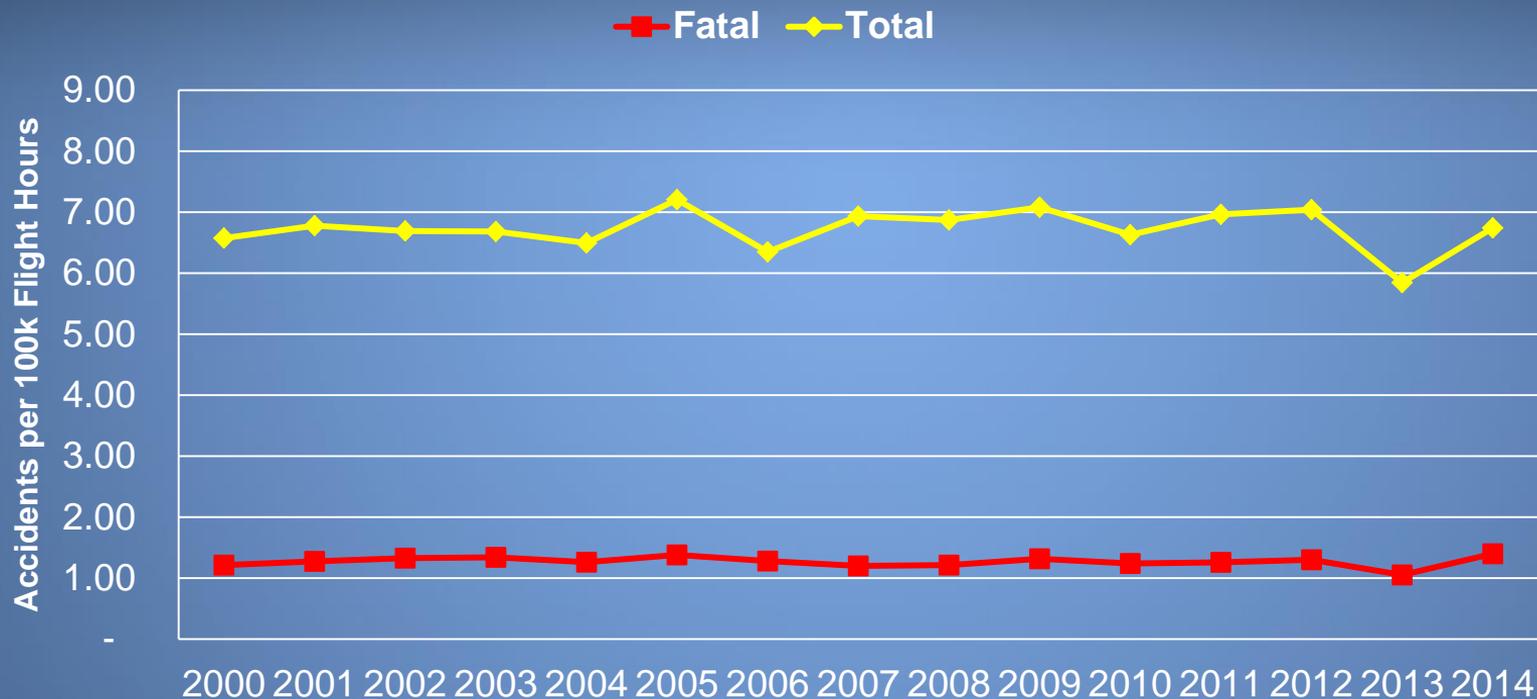
# All GA Accidents



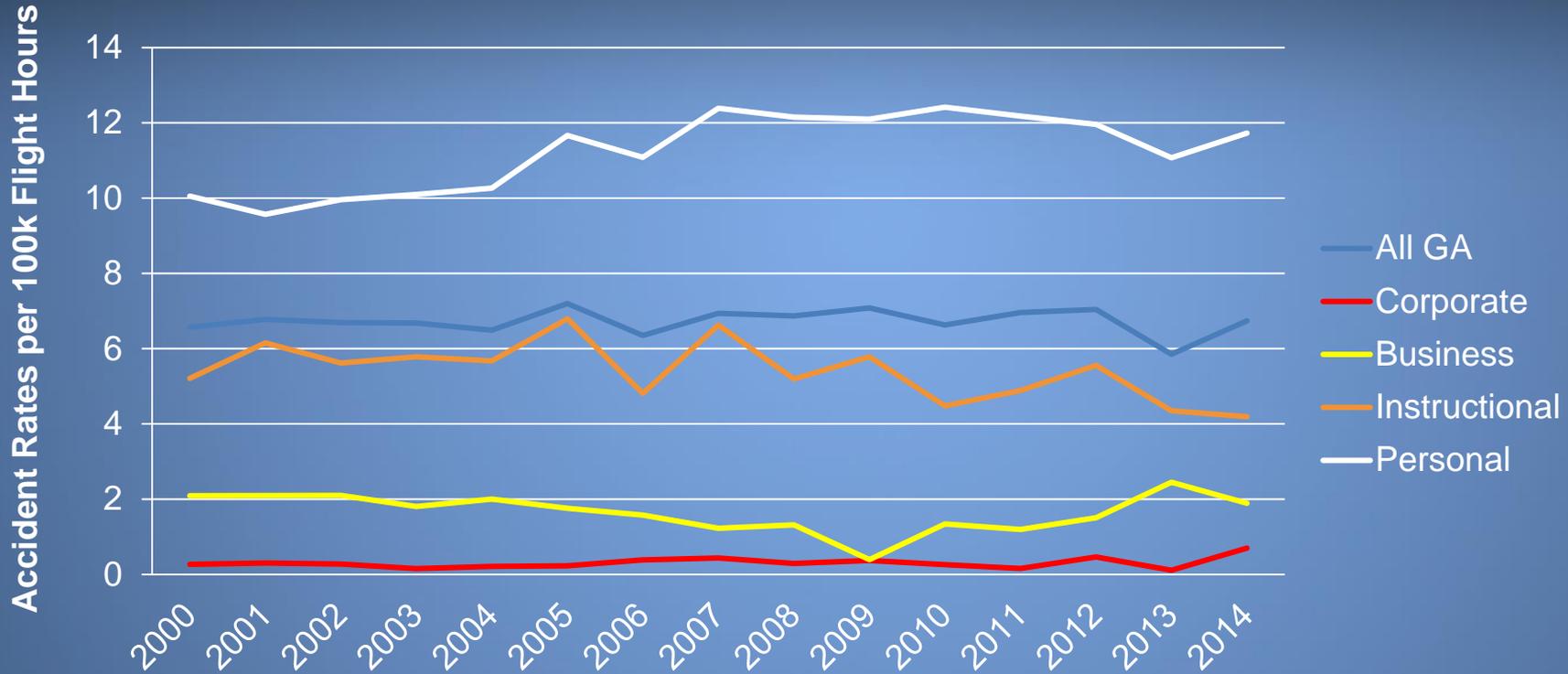
# GA Accident-involved Fatalities



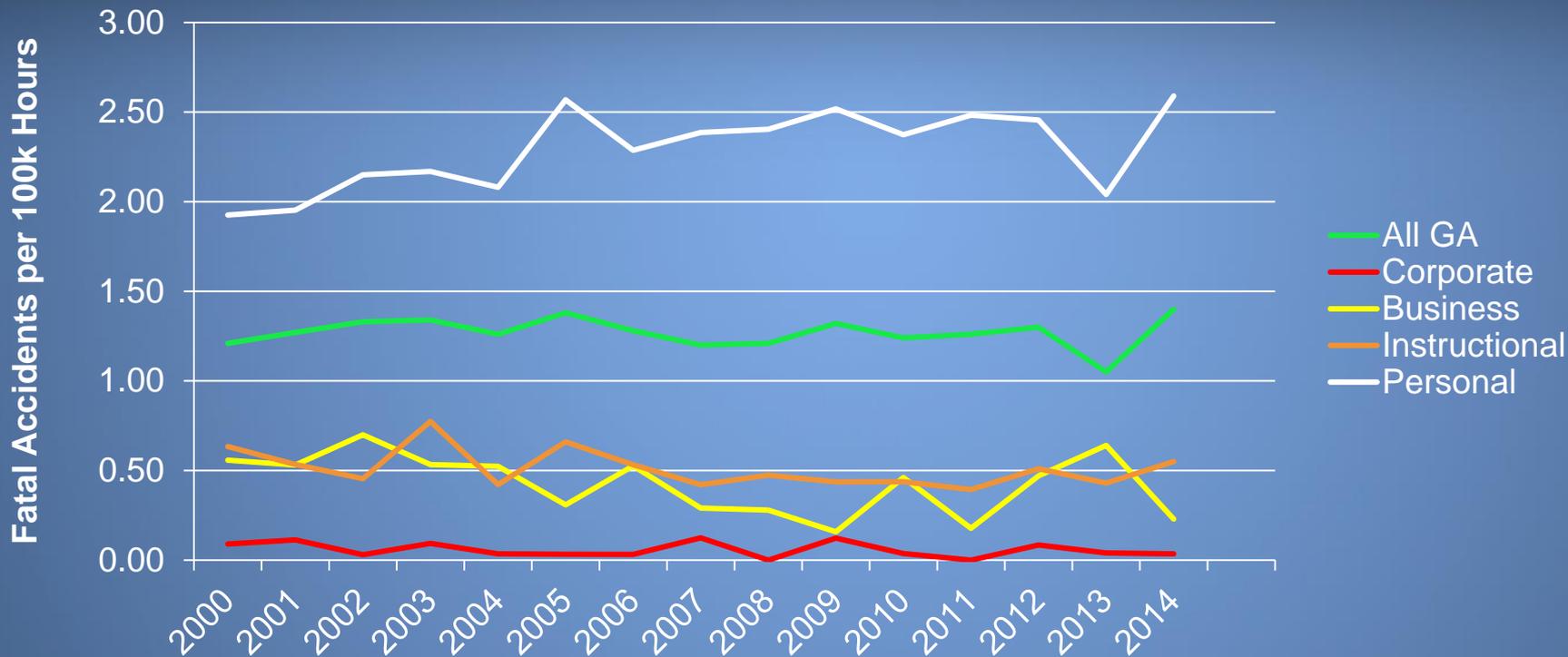
# GA Accident Rates



# Accident Rates per 100k Flight Hours



# Fatal Accident Rates per 100k Flight Hours



8 \*The 2011 GA Survey is currently not available. FAA is actively engaged in re-calibration efforts and expect to have validated 2011 data published at a later date.

# Defining Events – Part 91 Ops

## Business

1. Loss of Control
2. CFIT
3. Fuel
4. Component Fail
5. Powerplant Fail

## Instruction

1. Loss of Control
2. Midair
3. Powerplant Fail
4. CFIT
5. Other

## Personal

1. Loss of Control
2. Powerplant Fail
3. CFIT
4. Other
5. Component Fail

# Why GA on the Most Wanted List?

- NTSB investigates approximately 1500 GA accidents per year
  - Overall GA accident rate flat
    - Has improved little over the last decade
    - Airline accident rate decreased more than 80%
  - Personal flying accident rate
    - Increased 13% over last 10 years
    - Greater than 15% increase in fatalities over that period
- **GA safety needs attention**

# NTSB 2016 Most Wanted List



- Disconnect from Deadly Distractions
- End Substance Impairment in Transportation
- Expand Use of Recorders to Enhance Transportation Safety
- Improve Rail Transit Safety Oversight
- Prevent Loss of Control in Flight in General Aviation
- Promote Availability of Collision Avoidance Technologies in Highway Vehicles
- Promote the Completion of Rail Safety Initiatives
- Reduce Fatigue-Related Accidents
- Require Medical Fitness for Duty
- Strengthen Occupant Protection

# Gray Summit, MO – bus/vehicle/truck crash



# Distraction



# Distraction



# Distraction



# 2016 MWL - Distractions

- ***Disconnect from Deadly Distractions***
  - A factor in all modes of transportation
- Aviation emphasis
  - Sterile Cockpit
  - Appropriate use of PEDs
  - Manage distractions

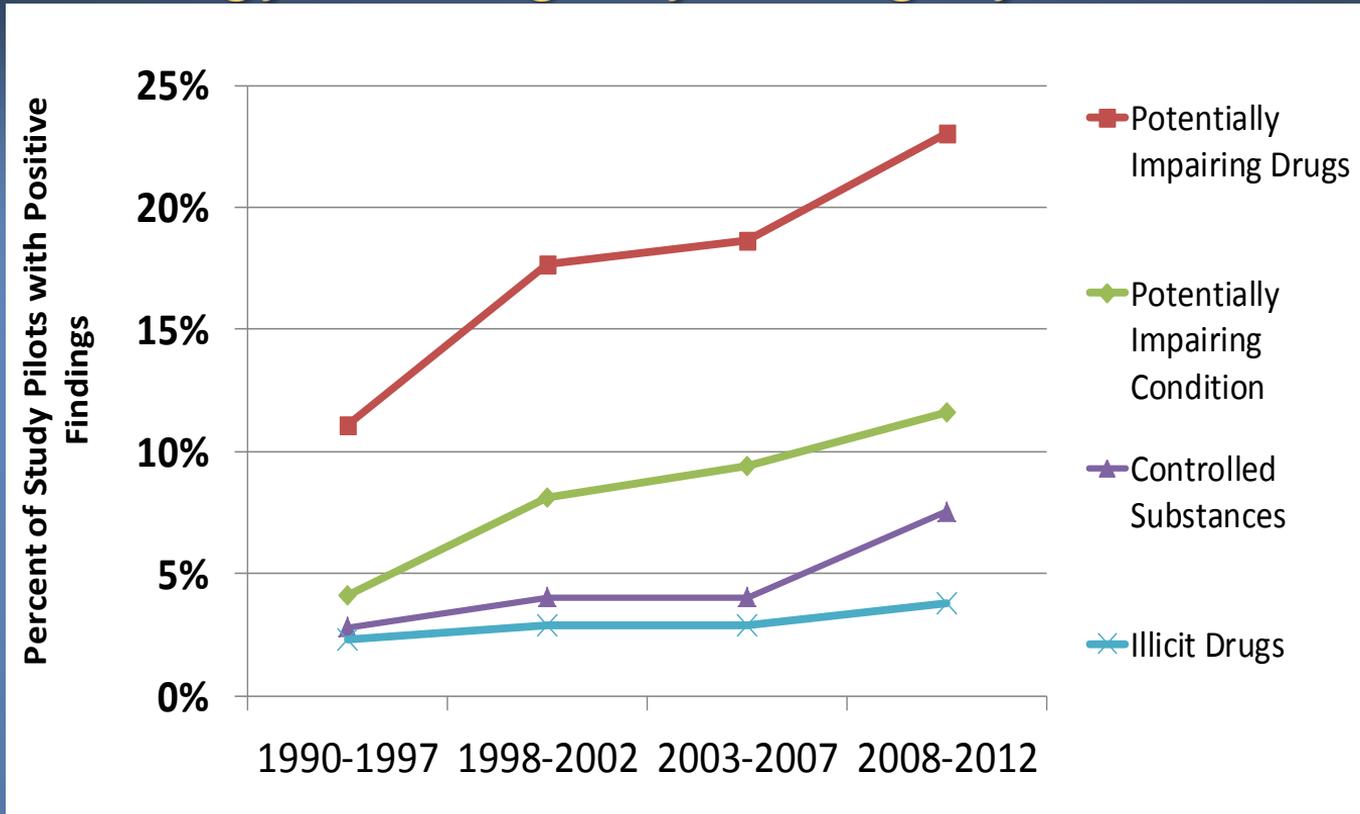
# Impairment



# 2016 MWL - Impairment

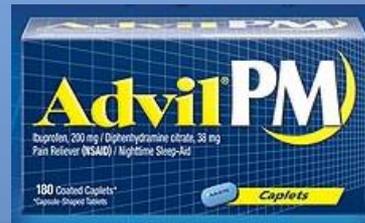
- ***End Substance Impairment in Transportation***
  - A factor in all modes
- **Fatally injured pilots - potentially impairing drugs**
  - 11% average 1990 - 1997
  - 23% average 2008 - 2012

# Toxicology Findings by Category, 1990-2012



# Most Common Drugs

- Sedating antihistamines
  - Most common category
- Diphenhydramine
  - Most common individual drug
  - Most common potentially impairing drug
  - Use INCREASING



## Drug Facts

### Active ingredient (in each capsule)

Diphenhydramine HCl 25 mg.....

### Purpose

Antihistamine

### Uses

- temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:
  - runny nose
  - sneezing
  - itchy, watery eyes
  - itching of the nose or throat
- temporarily relieves these symptoms due to the common cold:
  - runny nose
  - sneezing

### Warnings

**Do not use** with any other product containing diphenhydramine, even one used on skin

#### Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

#### When using this product

- marked drowsiness may occur
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

If pregnant or breastfeeding, consult your doctor before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

### Directions

- take every 4 to 6 hours
- do not take more than 6 doses in 24 hours

adults and children 12 years and over	1 to 2 capsules
children 6 to under 12 years	1 capsule
children under 6 years	do not use this product in children under 6 years of age

### Other information

- store at 59° to 77°F in a dry place. Protect from heat, humidity, and light.
- do not use if carton is open or blister unit is broken
- see side panel for lot number and expiration date

# Medical Resources for Pilots

- General Aviation Joint Steering Committee (GAJSC)
  - 2013 Letter to pilots
  - 2014 Initiatives
    - Drug database
    - Training course

# Medical Resources for Pilots

- FAA Publications
  - *Medications and Flying*
  - *Guide for Aviation Medical Examiners*
- Aircraft Owners and Pilots Association (AOPA)
  - Member resources

# Medical Fitness for Duty



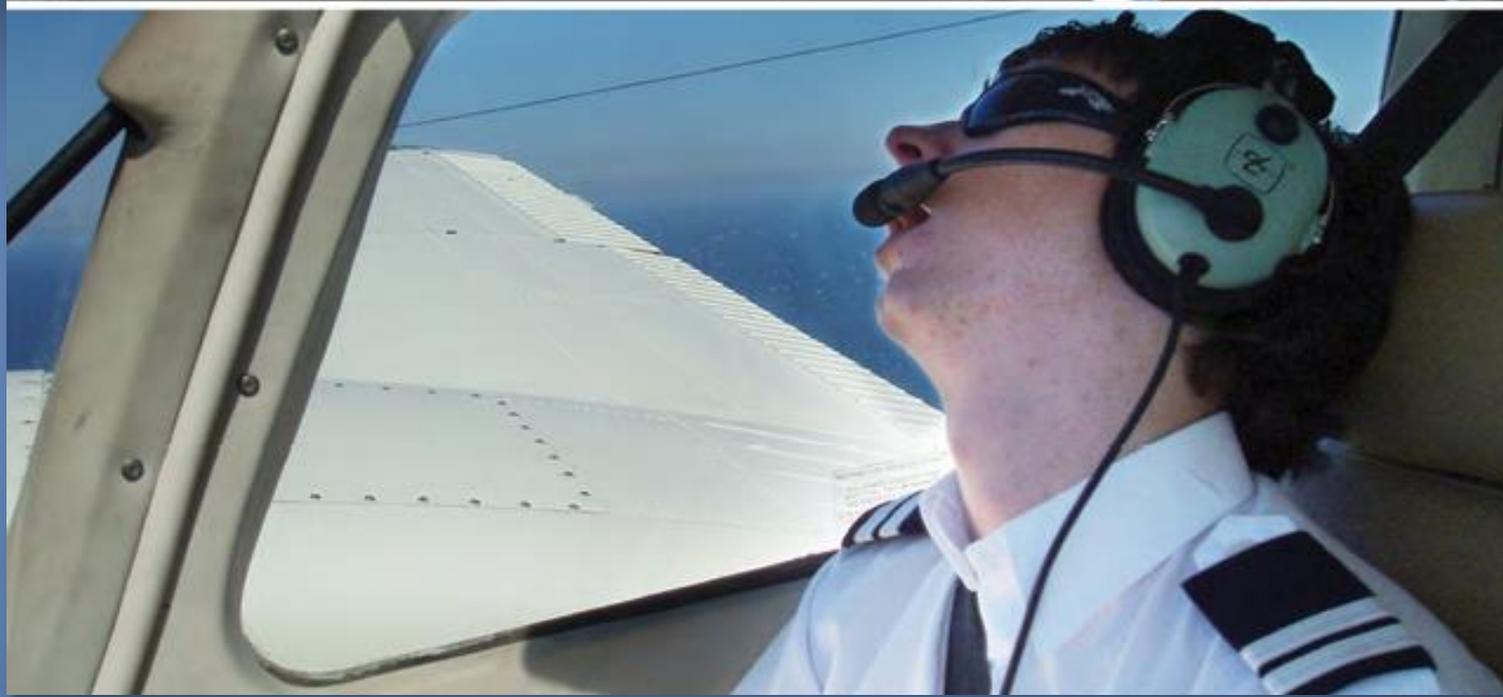
# Fitness for Duty



# 2016 MWL – Fitness for Duty

- ***Require Medical Fitness for Duty***
  - A factor in all modes
- Airman Medical – fitness at exam time
- Pilots must self-assess fitness
  - Need for appropriate flight preparations
- Focus on medical conditions
  - Example – Obstructive Sleep Apnea
- Enhance medical knowledge

# Fatigue



# 2016 MWL - Fatigue

- ***Reduce Fatigue - Related Accidents***
  - A factor in all modes
  - 182 Major investigations (2001 – 2012)
    - 20% involved fatigue
  - Need
    - Research, education, training
    - Technologies
    - Hours of service, on/off duty policies
    - Medical treatment of sleep disorders

# BE A36 – 2 fatalities/2 survivors



# 2016 MWL – Occupant Protection

- ***Strengthen Occupant Protection***
  - A factor in all modes
  - Numerous investigations showed potential for reduced injuries & fatalities
  - Need
    - Increased use of existing restraint systems
    - Designs that enhance survival space
    - Enhance ease of evacuation
    - Shoulder harnesses for GA aircraft

# Recorders



# Recorders

- Expand use of recorders to enhance transportation safety
  - A factor in all modes
  - Critical in accident investigation
  - Install crash resistant image recorders in smaller turbine powered aircraft
  - Install flight recorders in transport category and HEMS aircraft

# Loss of Control



# Loss of Control

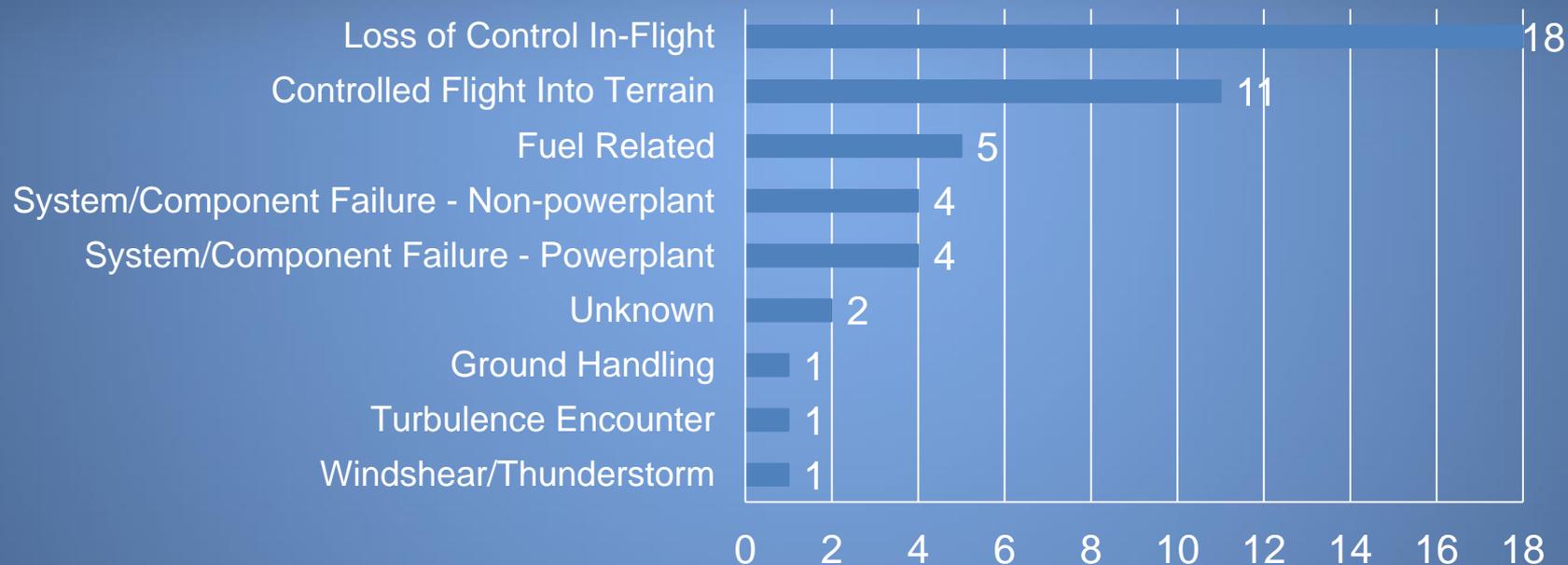


# 2016 MWL – Loss of Control

- *Prevent Loss of Control in Flight in General Aviation*
- More than 40% fatal GA accidents were LOC during 2004 – 2014
- Most deadly flight phases
  - Approach to landing
  - Maneuvering
  - Climb

# Business Flying, 2008-2014

## Number of Fatal Accidents



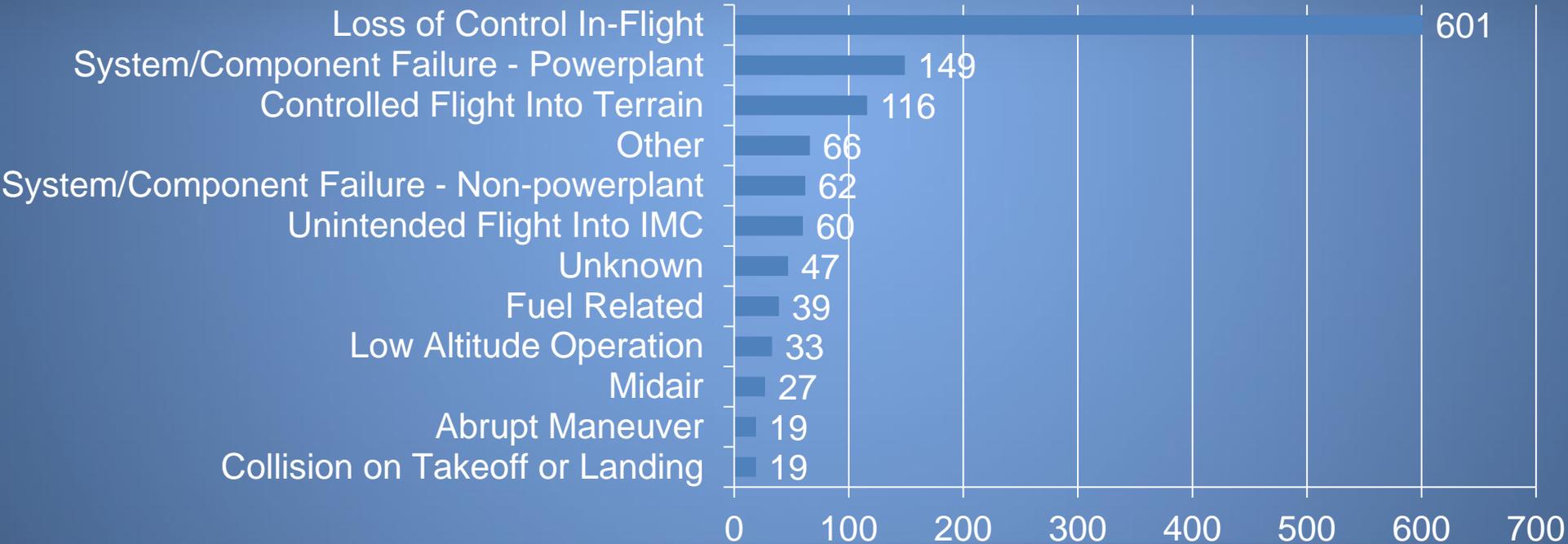
# Instructional Flying, 2008-2014

## Number of Fatal Accidents



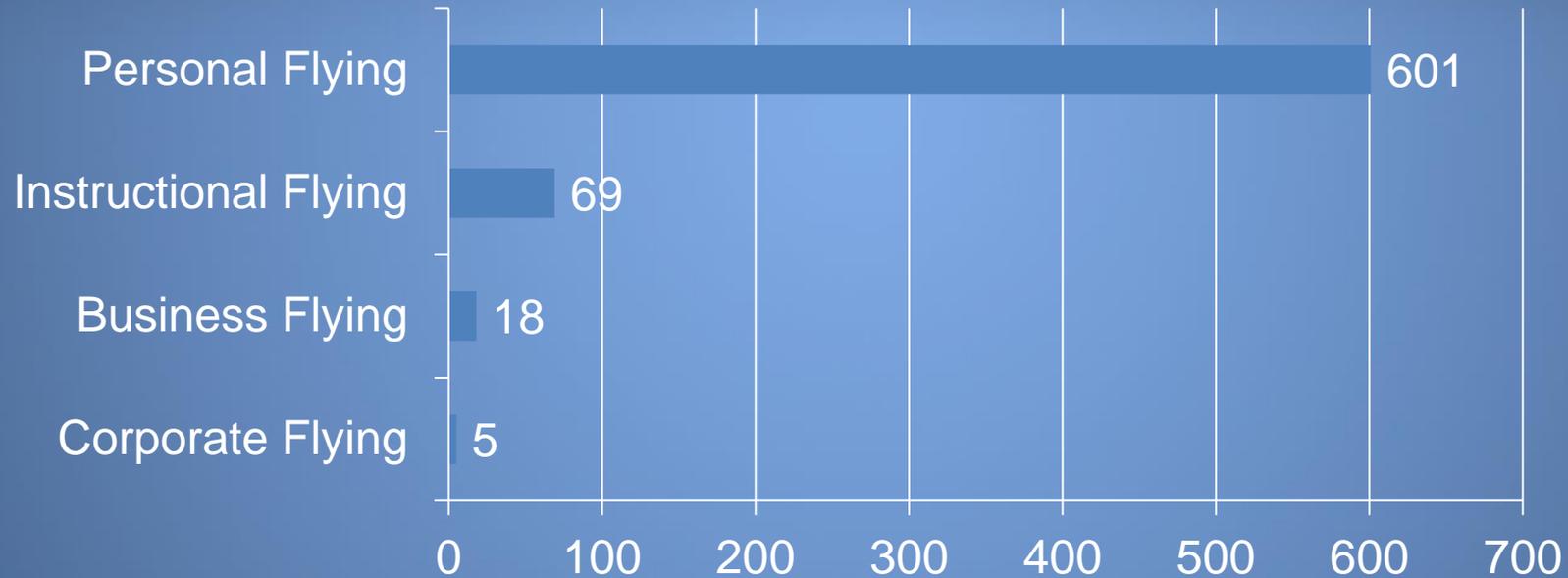
# Personal Flying, 2008-2014

## Number of Fatal Accidents



# Loss of Control In-Flight, 2008-2014

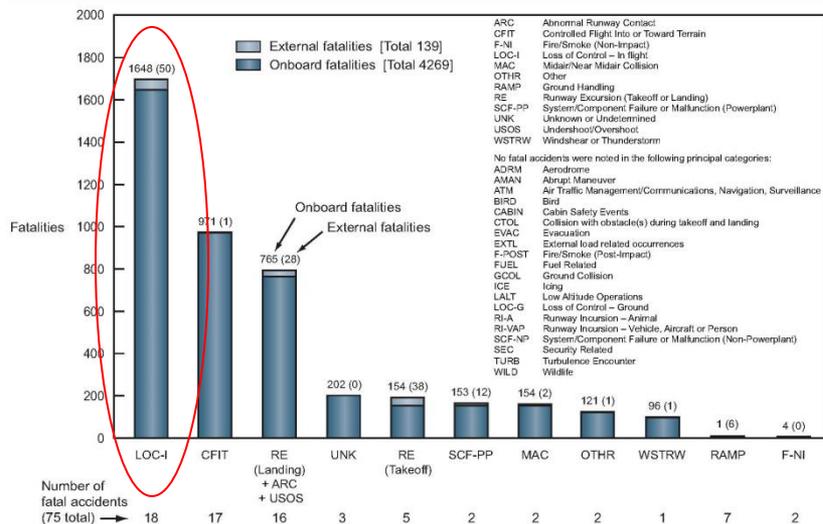
## Number of Fatal Accidents



# Boeing Annual Statistical Summary

## Fatalities by CAST/ICAO Common Taxonomy Team (CICCT) Aviation Occurrence Categories

Fatal Accidents – Worldwide Commercial Jet Fleet – 2003 Through 2012



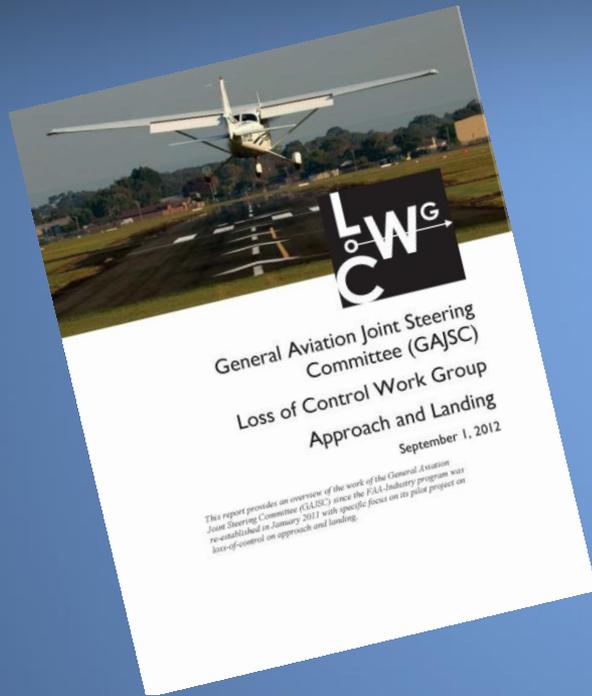
Note: Principal categories as assigned by CAST.

For a complete description of CICCT Aviation Occurrence Categories, go to: <http://www.intaviationstandards.org/>

# Primary category of accidents

Personal flying	– LOC
Instructional flying	– LOC
Business flying	– LOC
Corporate flying	– LOC
Airline flying	– LOC

# Loss-of-control Working Group



## Safety Enhancements Identified

- AOA – New, Current, Retrofit
- Aeronautical Decision Making
- Stabilized Approach
- Single Pilot CRM
- Medication effects
- Weather Technologies
- Etc...

28 Safety Enhancements

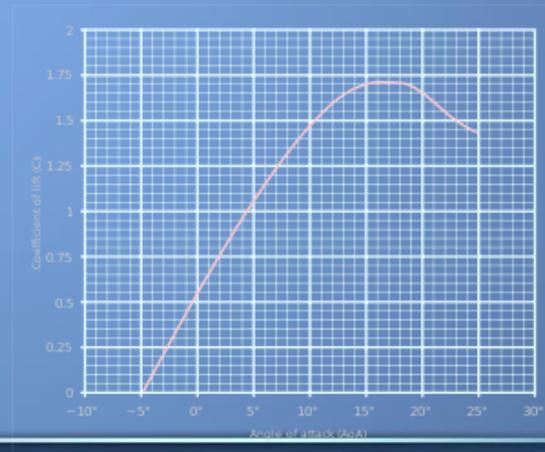
# Lower Cost AOA Displays

- Stall occurs at a specific Angle-of-Attack
  - But not necessarily at the same airspeed



First of AOA indicators built to ASTM stds and installed as a minor mod

FAA installation policy changed



# Stall Recovery

- Reduce the angle-of-attack below stall AOA (Max CL)
  - Push over to eliminate stall warning
- Level wings
- Adjust thrust
  - Avoid overspeed and high G levels
- Pitch back to level flight
- Don't try to "**Power out of a stall**"

# NTSB LOC Forum – Oct 14, 2015

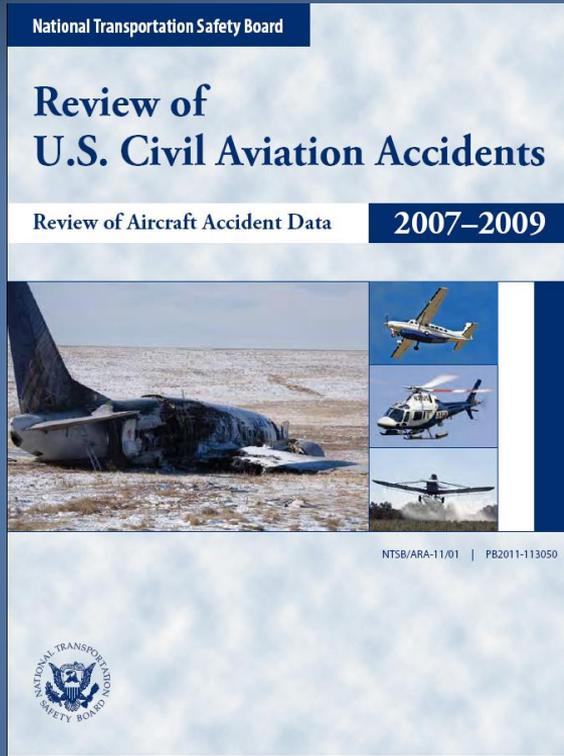
## Humans and Hardware: Preventing General Aviation Inflight Loss of Control

- Search “NTSB Loss of Control Forum” and look for Capitol Connection web site.
- Also on YouTube.
- Forum Docket contains 38 documents

# Alfred Sheinwold

“Learn all you can from the mistakes of others. You won’t have time to make them all yourself”

# Accident Investigations



- NTSB accident files are on-line
- Many recent accident Dockets are on-line
  - Factual reports,
  - Interviews
  - Photographs
- [www.ntsbt.gov](http://www.ntsbt.gov)

<http://www.ntsbt.gov/doclib/reports/2011/ARA1101.pdf>

# Douglas Adams

“Human beings, who are almost unique in having ability to learn from the experience of others, are also remarkable for their apparent disinclination to do so.”



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