Elizabeth Bjerke, Ph.D. University of North Dakota

Meaningful Collaborations	Access to Care
Increased	Value Support
Outreach	Structures

Meaningful Collaborations	<section-header><section-header></section-header></section-header>
Increased Outreach	<section-header></section-header>

Meaningful Collaborations

- We all need to take an active role in finding solutions and sharing best practices
- Everyone has valuable insights

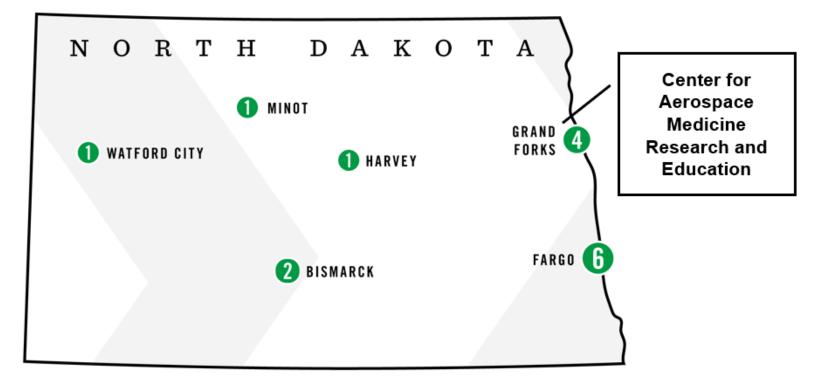


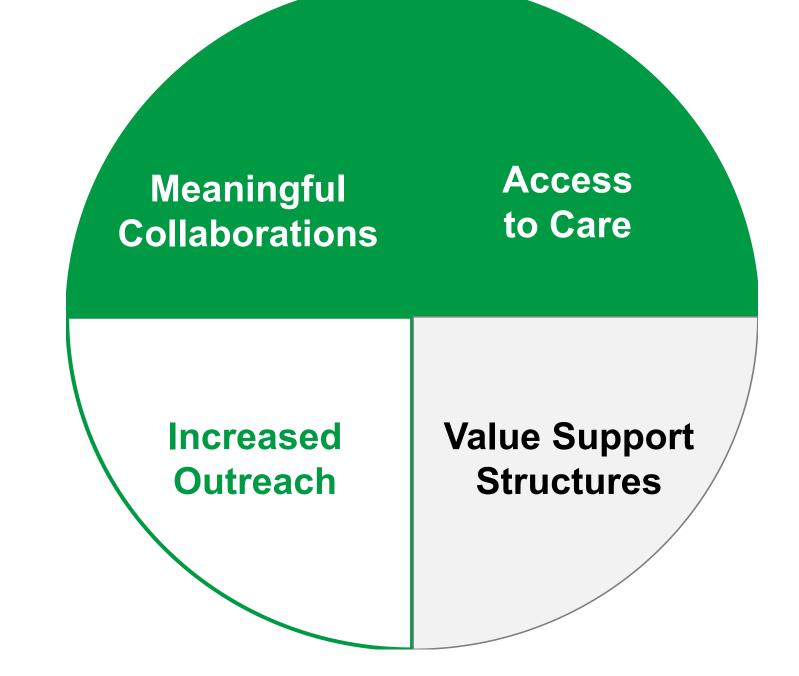
<section-header><section-header></section-header></section-header>	Access to Care
Increased Outreach	<section-header></section-header>

Access to Care

- Limited access to care (HIMS AMEs)
- Unclear process
- Aviation cognizant mental health professionals

AMEs IN NORTH DAKOTA





Increased Outreach

- As change occurs this needs to be shared
- Impactful outreach from many sources
 - Online courses
 - FAA Pilot Minute
 - In-person seminars



Pilot Minute

Play al

Federal Aviation Administration

21 videos 33,615 views Last updated on Nov 16, 2023

Pilot Minute is a monthly microlearning series

physiology, and the latest updates to help you

artner with the FAA for safety and health

spearheaded by the Federal Air Surgeon, offering tical and relevant information for the aviation

nity. The videos cover mutual areas of est including expediting medical certification, ent advances and hot topics, aeromedical

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ederal Aviation Administration + 1.5K views + 1 month ago



Pilot Minute: How can I get my medical certification if I have high blood pressure? ederal Aviation Administration + 3.1K views + 2 months ago



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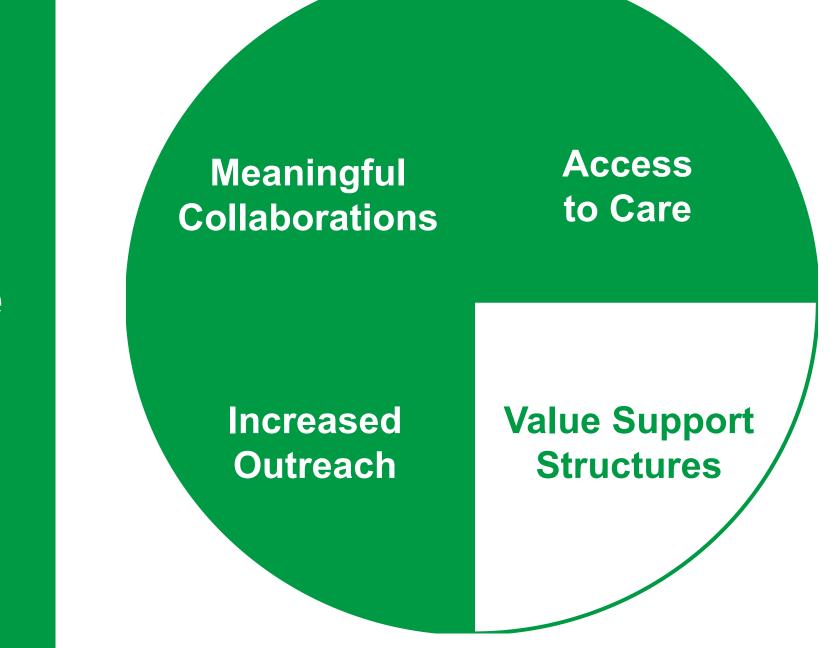
Pilot Minute: What is a verbal authorization and how does it work?

Federal Aviation Administration • 3.2K views • 6 months ago

Pilot Minute: Why is it important to report disability benefits in MedXPress?

Federal Avlation Administration • 2.7K views • 7 months ago





Value Support Structures

- Peer Support Programs
- Embedded mental health professionals





Meaningful Access Collaborations to Care Systemic **Collaborative** Approach Increased Value Support Structures Outreach