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15-points

These are real-time events that a driver will encounter during their 8-day, 70-hour cycle.

### **The Leading Causes of Driver Fatigue**

T.P. 1- Fatigued driving and stress management for the 8-day, 70-hour cycle for the Professional Driver in America.

T.P. 2-Ask the question to the trucking industry, "Are we pro-active or retro-active when preparing the driver to assist with fatigued driving and management skills.

T.P. 3-Driver readiness.

T.P. 4-Equipment readiness.

- Pre-trip
- Post-trip

T.P. 5-Timely information.

- Real-time communications

T.P. 6-Customer relations

- Real-time pickup and delivery information

T.P. 7-Trip planning, routing and map reading.

T.P. 8-Highway markings and signage; non-existent in some places.

T.P. 9-Rest areas, service plazas and roadside parking areas CLOSED.

T.P. 10-Inclement, seasonal, weather.

T.P. 11-Road closures, detours with NO signage.

T.P. 12-The 8-day driver in their fourth day, 40-hour stretch.

T.P. 13-Critical events, the Human Factor.

- Responses and effects on the driver

T.P. 14-Real-time assistance during a critical event

- Does the driver need medical assistance?
- Is the driver able to proceed?
- Is the driver able to reach a safe haven?
- Does the driver need someone to talk to?

T.P. 15-Upon pickup or delivery, much too often, the only communications received is, "WHY ARE YOU LATE?!"