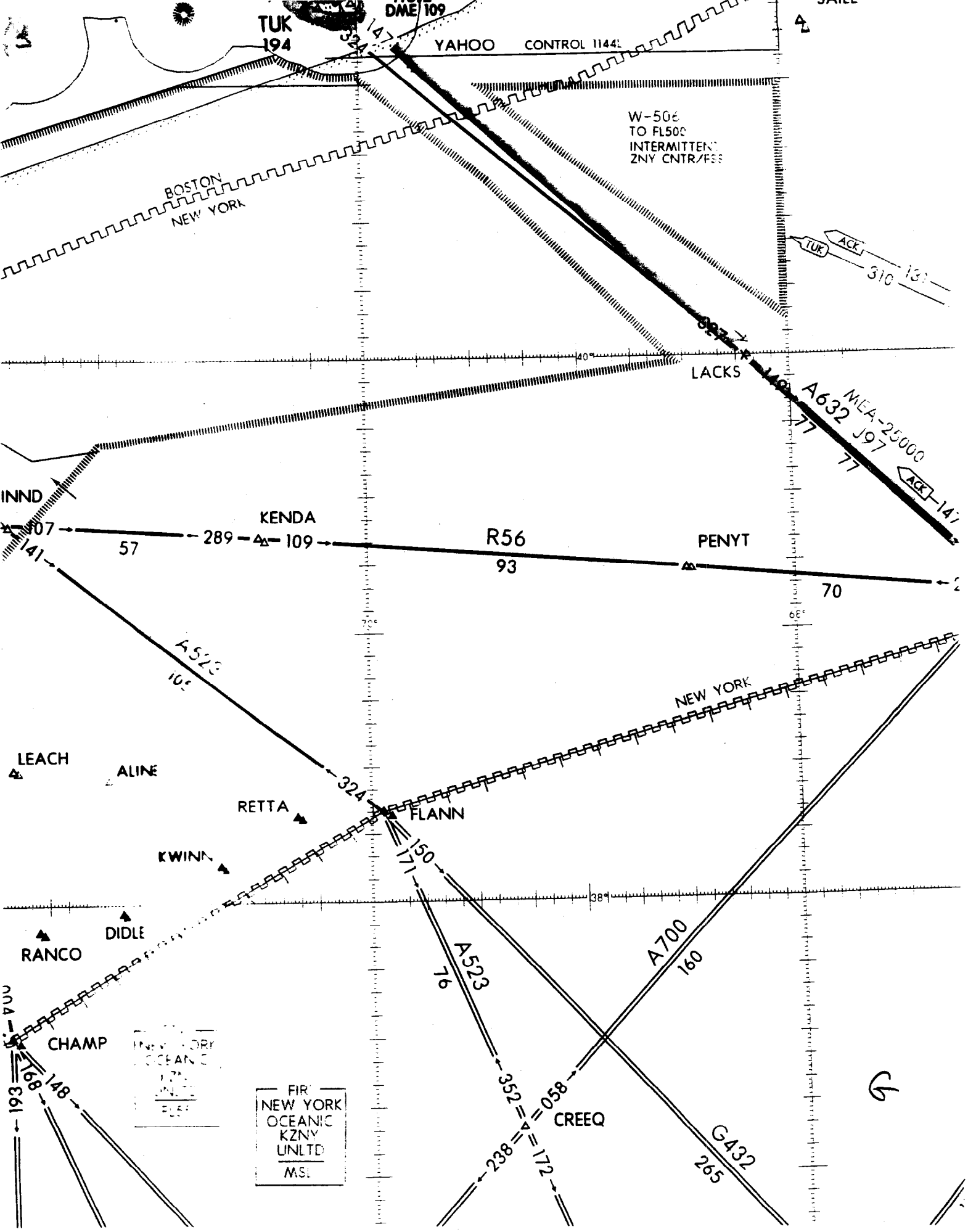
TUK
194
DME 109
YAHOO
CONTROL 1144L
W-506
TO FL500
INTERMITTENT
ZNY CNTR/FSS
BOSTON
NEW YORK
TUK
ACK
310
LACKS
A632
MEA-25000
J97
77
ACK
INND
KENDA
289
109
57
R56
93
PENYT
70
A523
NEW YORK
LEACH
ALINE
RETTA
FLANN
KWINN
150
171
DIDLE
RANCO
A523
76
A700
160
CHAMP
168
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CREEQ
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172
G432
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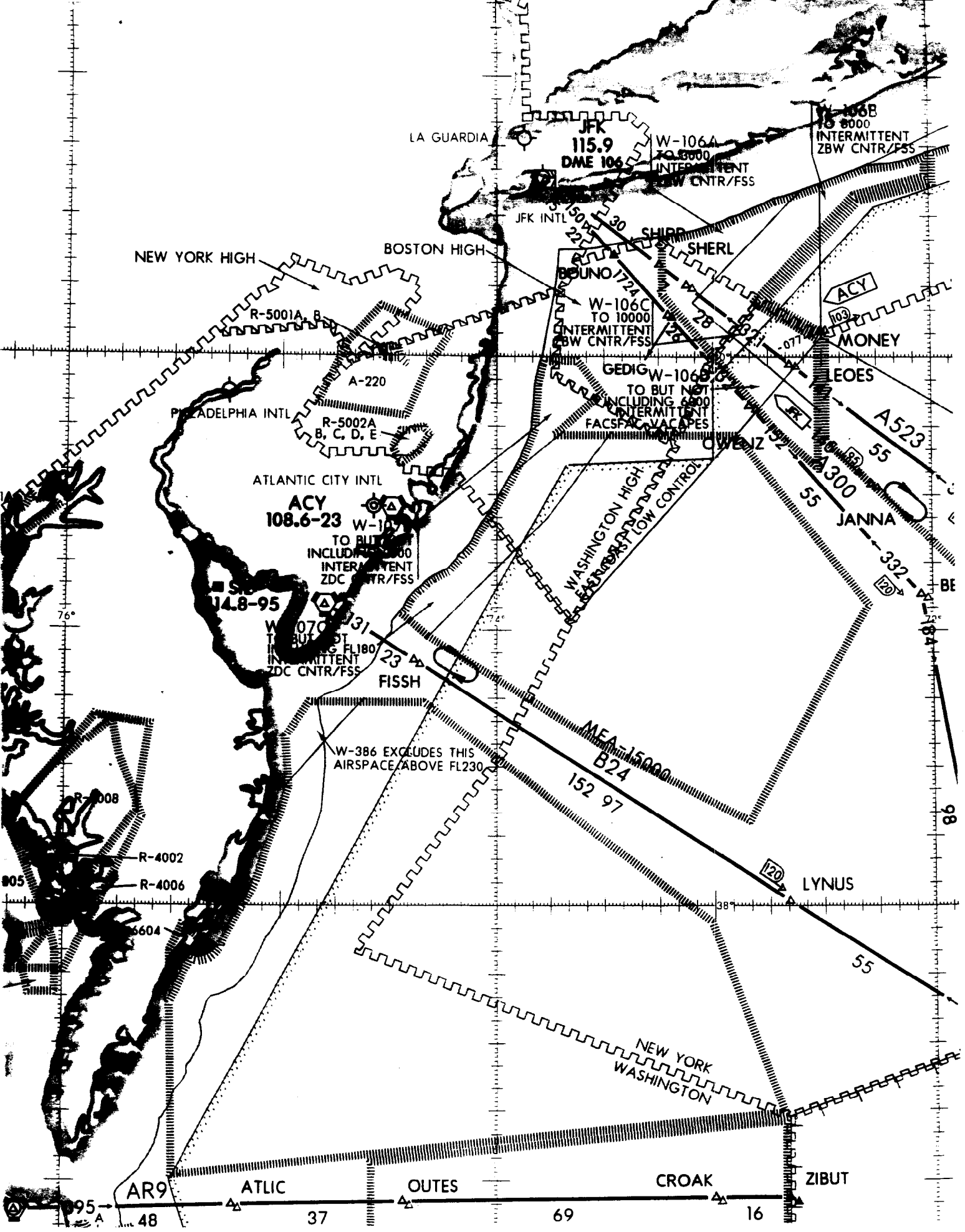
FIR
NEW YORK
OCEANIC
KZNY
UNLTD
MSL



LA GUARDIA
JFK
115.9
DME 106
W-106A
TO 3000
INTERMITTENT
ZBW CNTR/FSS
W-106B
TO 8000
INTERMITTENT
ZBW CNTR/FSS
JFK INTL
SHIRR
SHERL
BOSTON HIGH
NEW YORK HIGH
BOUNO
W-106C
TO 10000
INTERMITTENT
ZBW CNTR/FSS
ACY
MONEY
R-5001A, B
GEDIG
W-106D
TO BUT NOT
INCLUDING 6000
INTERMITTENT
FACSFAC VACAPES
LEOES
A-220
PHILADELPHIA INTL
R-5002A
B, C, D, E
OWENZ
A523
55
A300
55
JANNA
ATLANTIC CITY INTL
ACY
108.6-23
TO BUT NOT
INCLUDING 6000
INTERMITTENT
ZDC CNTR/FSS
WASHINGTON HIGH
EAST COAST LOW CONTROL
332
14.8-95
131
23
FISSH
W-386 EXCLUDES THIS
AIRSPACE ABOVE FL230
MEA-15000
B24
152 97
98
R-4002
R-4006
LYNUS
55
NEW YORK
WASHINGTON
AR9
ATLIC
OUTES
CROAK
ZIBUT
48
37
69
16