EXHIBIT 3-F

Docket No. DCA-08-MR009

NATIONAL TRANSPORTATION SAFETY BOARD
WASHINGTON, D.C. 20594

Metrolink Timetable No. 5, Additions and Revisions to the General Code of Operating Rules, Rule 1.47, Duties of Crewmembers

SOUTHERN CALIFORNIA REGIONAL RAIL AUTHORITY

METROLINK®

TIMETABLE NO. 5

ADDITIONS AND REVISIONS
To
THE GENERAL CODE OF
OPERATING RULES

Effective Saturday, September 1, 2007 at 12:01 AM Pacific Time

SAN DIEGO NORTHERN RAILWAY

COASTER

01

Rule 1.47 Duties of Crew Members

A. Conductor Responsibilities

The following is added as the last paragraph of Item 3:

If after the initial reminder the train stops for any reason prior to arriving at the point of restriction, or within the limits of the restriction, the conductor must again remind the engineer of the restriction, If the engineer fails to comply with the restriction, the conductor must stop the train.

C. All Crew Members' Responsibilities

The following is added:

4. Crew member in the cab of the controlling unit must communicate the train identification, name or aspect and location of all signals via radio. Crew member occupying the body of a passenger train, cab of a trailing locomotive, helper unit or caboose must acknowledge transmission of all except green (Clear).

On passenger trains, if acknowledgement is not received, the engineer must determine the reason at the next scheduled stop.

Rule 1.48 Time

New rule is added.

While on duty crew members must have a watch. Other employees must have access to a watch or clock.

The watch or clock must:

- Be in good working condition and reliable.
- Display hours, minutes and seconds.
- Not vary from the correct time by more than 30 seconds.
- Be compared with the time source designated in special instructions.

To compare time, employees must call the following toll free number: (866) 493-5252.

Rule 2.10 Emergency Call

In addition, if equipped, press 9-1-1 on the radio keypad to contact the dispatcher. When the emergency call-in has been activated, a tone will be received.

Note: Ensure that radio is on the appropriate four-digit channel.